Discussion will include different t Discussion will include different	Students will recognize that people express themselves			~
		Discussion will include the definitions of appreciation and respect, and what behaviors might show appreciation and respect. Discussion will include appropriate behaviors such as hugging, listening, protecting, providing guidance, encouraging, and praising. The concept that some behaviors may be unwanted will be introduced.	Students will identify positive ways in which family members and friends show love, affection, respect, and appreciation for each other.	~
		Students will identify adult and child members of their families. The types of family structures included will be twoparent/guardian families—mother and father, twomothers, two fathers, and children; extended families—relatives other than the immediate family living in the home; single-parent/guardian families; adoptive families; foster families; families with stepparents; and blended families.	Students will recognize that everyone is a member of a family and identify members of their individual families.	~

members make up a will understand that family (mother and father, two and working together and community as people living following family structures: Students will describe a community. two-parent/guardian families mothers, two fathers, and children), extended families -Discussion will include the immediate family living in the relatives other than the have different interests.

community will be given along with examples of types of communities, including the

stepparents, and blended families. A definition of

families, adoptive families, foster families, families with

home, single-parent/guardian

in different ways and the importance of respecting these differences.

including toys and games they choose to play, sports or activities such as dance they participate in, colors they like,

reasons it is important to show

defined and examples of what it means to be respectful will be

respect for others who may

art or writing. Respect will be

and what they create through

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General Health Benchmarks:		General Health Benchmarks: 1.I Describe positive characteristics that are unique to each individual 2.I Explain the importance of showing kindness, consideration, and concern for others. 3.I Demonstrate cooperation with friends and classmates	Students will identify responsibilities of different family members.
			Discussion my include adult responsibilities such as providing food, shelter, and clothing; and child responsibilities such as picking up toys and doing homework.
	Students will identify ways people are different and the importance of treating others with dignity and respect.		
a makes consider to analyze the same of the latter to the	Discussion will include ways people are different including race, cultures and traditions, religions, and dis/ability. Dignity will be defined, and the definition of respect will be reviewed. Ways to treat others with dignity and respect will be presented.		

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Students will develop an awareness of individual differences and the importance of respecting others.		1.j Describe personal strengths and identify how individuals are unique 2.j Discuss how empathy, compassion, and acceptance helps one understand others 3.j Identify and discuss how to show respect for similarities and differences between individuals
Instruction discussion of disabilities and cultura to show results be included		<
Instruction will include discussion of individuals with disabilities and different ethnic and cultural backgrounds. Ways to show respect for others will be included.		
l include ndividuals different ckground		
s with t ethnic ds. Ways ers will		
	Students will identify gender-role stereotyr explain potential impindividuals.	
	ill identify stereotypes a ential impacts	
	on s on	
	Students will identify gender-role stereotypes and defined, and examples of explain potential impacts on stereotypes will be presented. Discussion will include how stereotypes can impact individuals including how they can be limiting. Students will identify that some stereotypes and how they may impact people.	
	Il be of cented. now w they s will otypes gender ct	

6	U	U
		Students will identify roles, discussion of changing of family members. of family members. family members and he change throughout life
to the state of th		Instruction will include discussion of changing roles, duties, and responsibilities of family members and how roles change throughout life.
Students will be able to define the terms sex	Students will be familiar with the terms sex assigned at birth and gender identity, recognize ways gender may be expressed, and explain the importance of treating others with dignity and respect.	is and the second secon
The terms sex assigned at birth and gender identity will be reviewed and the terms gender	The terms sex assigned at birth and gender identity will be defined. Discussion will include the idea that for some people their sex assigned at birth and gender identity are the same and for some people their sex assigned at birth and gender identity are different. Ways that gender may be expressed including clothing, hairstyle, preferred name, and behaviors will be presented. The importance of treating others with dignity and respect will be discussed. Students will identify trusted adults they may talk to if they have questions about gender identity.	

are gender neutral. some people may use pronouns and recognize why their sex assigned at birth and Students will define expression. their sex assigned at birth or lassigned at birth and gender pronouns that differ from identity, and gender that an individual's pronouns have questions about gender adults they may talk to if they Students will identify trusted respect will be discussed. treating others with dignity and presented. The importance of pronouns, and behaviors will be expressed including clothing, pronouns will be presented. discussed and gender-neutral may differ from their sex and for some people their sex assigned at birth will be identity are different. The idea gender identity are the same hairstyle, preferred name and Ways that gender may be the idea that for some people defined. Discussion will include expression and pronouns will be

References:

Sequence Pre-K to Grade 12. Chicago Public Schools Office of Student Health & Wellness. (2024). Personal Health and Safety Education & Sexual Health Education Scope and

Future of Sex Education Initiative. (2020). National Sex Education Standards: Core Content and Skills, K-12 (Second Edition).